



# JULY 2020

## Aurora on France Weekly Events Calendar


# AUG

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>26</b> <b>10:15</b> Redeemer Reformed Church Service -Channel 1-3</p> <p><b>12:00</b> Our Lady of Grace Church Service -Channel 29</p> <p><b>1:00</b> Westminster Presbyterian Service -Channel 29</p>  <p><b>1:10</b> Twins VS White Sox</p>	<p><b>27</b> <b>9:30</b> Daily Calm, Mindfulness Meditation -Channel 1-3</p> <p><b>10:00</b> Old Testament/Torah Study with Chaplain Emily -Channel 1-2</p> <p><b>11:00</b> The Best Stretching Exercises for Upper Body -Channel 1-3</p> <p><b>1:00</b> Pittsburgh Symphony Orchestra Performing from Berlin -Channel 1-3</p> <p><b>6:30</b> Reflection with Chaplain Chris Beckman "<i>Mount St. Helens</i>" -Channel 1-3</p>	<p><b>28</b> <b>11:00</b> Lower Body Exercise -Channel 1-3</p> <p><b>Afternoon</b> Room to Room Flower Bouquets Donated by Trader Joe's</p> <p><b>3:00</b> Top 13 National Parks -Channel 1-3</p> <p><b>6:30</b> Reflection with Ebenezer Corporate Chaplain Chris Beckman "<i>The Plague Doctors</i>" -Channel 1-3</p> <p><b>7:10</b> Twins VS Cardinals</p>	<p><b>29</b> <b>10:30</b> Worship Service with Chaplain Emily -Channel 1-2</p> <p><b>11:00</b> Lower Body Exercise, 15 mins -Channel 1-3</p> <p><b>2:00</b> Nat Geo, Amazing Planet: A Lava Driven World -Channel 1-3</p> <p><b>6:30</b> Reflection with Ebenezer Corporate Chaplain Chris Beckman "<i>Bunking in the Chapel</i>" -Channel 1-3</p> <p><b>7:10</b> Twins VS Cardinals</p>	<p><b>30</b> <b>10:00</b> Reflection with Ebenezer Corporate Chaplain Chris Beckman "<i>The Proper Care of Tools</i>" -Channel 1-3</p> <p><b>11:15</b> Seated or Standing Tai Chi Exercise, 35 mins -Channel 1-3</p> <p><b>6:00</b> Documentary "<i>Our Planet, Frozen Worlds</i>" -Channel 1-3</p> <p><b>6:07</b> Twins VS Indians</p>	<p><b>31</b> <b>10:00</b> Friday Morning Devotions with Chaplain Emily -Channel 1-2</p> <p><b>11:00</b> Seated Exercise, 30 mins -Channel 1-3</p> <p><b>1:00</b> <i>Beethoven 9- Chicago Symphony Orchestra-</i> Riccardo Muti -Channel 1-3</p> <p><b>Afternoon</b> Room to Room Happy Hour Cart</p>  <p><b>7:10</b> Twins VS Indians</p>	<p><b>1</b> <b>11:00</b> Chair Yoga, 18 mins -Channel 1-3</p> <p><b>3:00</b> Relaxing Piano Music by <i>Nate Hance</i> -Channel 1-3</p> <p><b>6:10</b> Twins VS Indians</p> <p><b>6:30</b> Reflection with Ebenezer Corporate Chaplain Chris Beckman "<i>Serenity Now!</i>" -Channel 1-3</p>

All programs are subject to change.

# AUGUST 2020

## Aurora on France Assisted Living Weekly Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p><b>12:00</b> Our Lady of Grace Church Service -Channel 29</p> <p><b>1:00</b> Westminster Presbyterian Service -Channel 29</p>  <p><b>1:10</b> Twins VS Indians</p> <p><b>4:00</b> Relaxing Music for Stress Relief/Meditation -Channel 1-3</p>	<p><b>9:45</b> <i>Joseph and the Amazing Technicolor Dreamcoat</i> on Broadway -Channel 1-3</p> <p><b>11:00</b> Group Exercise -Training Room, 3<sup>rd</sup> Floor</p> <p><b>11:00</b> Stretching Exercises for Upper Body -Channel 1-3</p> <p><b>1:00</b> 1991 MN Twins World Series Documentary (ESPN Named this the greatest World Series of all time) -Channel 1-3</p> <p><b>3:00</b> Canvas Painting -Community Room (Limit 9)</p> <p><b>7:10</b> Twins VS Pirates</p>	<p><b>11:00</b> Group Exercise Class -Training Room, 3<sup>rd</sup> Floor</p> <p><b>11:00</b> Lower Body Exercise -Channel 1-3</p> <p><b>1:10</b> Twins VS Pirates</p> <p><b>1:30-3:30</b> Flower Bouquets Donated by Trader Joe's -Pick up in Community Room</p> <p><b>2:30</b> Moments in Our Life -Community Room (Limit 9)</p> <p><b>3:00</b> "Showbusiness" Musical Theater Documentary -Channel 1-3</p> <p><b>6:30</b> <b>Living Room Concert</b> "The Music of Miles Davis" -Channel 1-3</p>	<p><b>10:30</b> Ecumenical Worship with Communion -Channel 1-2 OR Community Room (Limit 9)</p> <p><b>11:00</b> Group Exercise Class -Training Room, 3<sup>rd</sup> Floor</p> <p><b>11:05</b> Full Body Exercise (Seated or Standing), 30 mins -Channel 1-3</p> <p><b>2:00</b> Bingo -Community Room (Limit 9)</p> <p><b>3:00</b> Cirque du Soleil "Amaluna" -Channel 1-3</p> <p><b>6:05</b> Twins VS Pirates</p> 	<p><b>10:00</b> Reflection with Chaplain Chris "If Not Us, Then Who?" 5 min -Channel 1-3</p> <p><b>10:30</b> Resident Council -Channel 1-2</p> <p><b>11:15</b> Seated or Standing Tai Chi Exercise, 35 mins -Channel 1-3</p> <p><b>12:35</b> Twins VS Pirates</p> <p><b>2:00</b> Group Crossword -Community Room (Limit 9)</p> <p><b>3:00</b> America's Musical Journey -Channel 1-3</p> <p><b>6:30</b> Evening Movie: <i>The Illusionist</i> -Channel 1-3</p>	<p><b>10:00</b> Friday Morning Devotional -Channel 1-2 OR Community Room (Limit 9)</p> <p><b>11:00</b> Seated Exercise, 30 mins -Channel 1-3</p> <p><b>11:00</b> Group Exercise Class -Training Room, 3<sup>rd</sup> Floor</p> <p><b>1:00</b> Chamber Music Masters -Channel 1-3</p> <p><b>1:30</b> Cornhole Toss (Limit 9) -Patio</p> <p><b>Afternoon</b> Room to Room Happy Hour Cart (Beach Theme!)</p> <p><b>7:05</b> Twins VS Royals</p>	<p><b>Happy Birthday Ellard S and Darlene G!</b></p> <p><b>11:00</b> Chair Yoga, 18 mins -Channel 1-3</p> <p><b>1:00</b> Military Intelligence at Fort Snelling -Channel 1-3</p> <p><b>3:00</b> Virtual Tour: Inside Louvre Museum Paris, Mona Lisa -Channel 1-3</p> <p><b>5:30</b> How it's Made: Old Hershey's Chocolate -Channel 1-3</p> <p><b>6:05</b> Twins VS Royals</p>

All programs are subject to change.

# AUGUST 2020

Type Healthcare, Assisted Living, Independent Activities, etc., here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9</b> Type your daily activities in each cell. Change font size and style as you would with any Word document.	<b>10</b> 3:00 Tamas Majoros Live Concert -Channel 1-2	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> <b>3:00</b> Virtual Tour: The Metropolitan Museum of Art -Channel 1-3 (Still have to add into schedule, but it is downloaded into the videos list)

Type the name, address, and other information about your community/company here.

# AUGUST 2020

Type Healthcare, Assisted Living, Independent Activities, etc., here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> Type your daily activities in each cell. Change font size and style as you would with any Word document.	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>

Type the name, address, and other information about your community/company here.

# AUGUST 2020

Type Healthcare, Assisted Living, Independent Activities, etc., here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>23</b> Type your daily activities in each cell. Change font size and style as you would with any Word document.	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

Type the name, address, and other information about your community/company here.

# AUGUST 2020

# SEPTEMBER 2020



Type Healthcare, Assisted Living, Independent Activities, etc., here.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30

31

1

2

3

4

5

Type your daily activities in each cell. Change font size and style as you would with any Word document.

Type the name, address, and other information about your community/company here.