

Dimensions

A dramatic difference in memory care.



Ebenezer is proud to offer the Dimensions Program to residents living within our memory care communities. This program, originally funded by a grant from the Minnesota Department of Health, prepares Ebenezer staff to provide exceptional, compassionate care using evidence-based best practices. Our Dimensions Coordinator oversees the multi-faceted program. Our goal is to make a dramatic difference in the life of your loved one.

Building relationships for person-centered care

- Caregivers are trained to respond with compassion and creativity to a resident's specific needs
- Care plans are based on detailed assessments that consider the person's abilities, needs, preferences, and personal history
- To help residents better navigate their environment and maintain their independence, a team of therapists develop approaches that match the individual's level of cognition

Innovative, interactive training creates experienced staff

- Comprehensive aging and dementia care training delivered at New Employee Orientation
- In-depth, hands-on training on specific dementia-related topics provided regularly onsite to front-line staff
- Ebenezer's ongoing Champion Initiative trains Memory Care Champions at each site to disseminate training and build a team of skilled and empathetic advocates for residents living with dementia
- "Hot-Topic" dementia-focused training provides monthly skill-building opportunities for staff at every site
- Dimensions Coordinator available to each site for consultation and hands-on training

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Baxter

*Northern Lakes Senior Living
218-454-2121*

Bloomington

*Martin Luther Care Center
952-888-7751*

*Meadow Woods
952-888-1010*

*Nine Mile Creek Senior Living
952-888-0731*

Burnsville

*Arbor Lane Memory Care
952-898-3288*

Deephaven

*Deephaven Woods
952-288-2187*

Eagan

*Stonehaven of Eagan Senior Living
612-874-3432 - *Coming Soon!**

Edina

*Aurora on France
952-848-8888*

*York Gardens
952-898-6700*

Forest Lake

*Cherrywood Pointe
651-464-2709*

Lake Elmo

*Arbor Glen Senior Living
651-704-1444 - *Coming Soon!**

Lakeville

*The Fountains at Hosanna!
952-435-7199*

Little Canada

*Cardigan Ridge Senior Living
651-484-8484*

Mahtomedi

*Coventry of Mahtomedi
651-528-8442*

Engaging activity as a building block of dementia care

- Residents are encouraged to participate and engage in creative arts and learning activities
- Activities designed to promote brain health
- Massage Therapy available (for a fee) upon request
- Exercise and Balance Programs
- Interactive, participatory groups such as Drumming, Painting, Music Making, Poetry and more
- Focus on keeping residents in touch with experiences integral to their identities
- Service projects and community involvement
- Person-centered, calming activities as well as interactive entertainment
- Aromatherapy is used to promote calm as well as active engagement

Thoughtfully designed spaces

- Communities designed to promote comfort and security
- Controlled-access entries, community activity spaces, outdoor patios
- Special lighting designed for aging eyes
- Painting and decorating in calming colors
- Accessible spaces and furniture
- Continued assessment of environments to ensure dementia-friendly design structures and amenities

Family education & support

- Care partner support groups onsite at most communities
- Dimensions Coordinator available to present for family events
- Family support through education, care conferences, and community resources

Purposeful partnerships expand our ability to serve

- Consultation and relationship with Alzheimer's Association and ACT on Alzheimer's
- Affiliation with the University of Minnesota School of Nursing and the Center on Aging
- Partnerships with Centrex Therapy and Fairview Home Care and Hospice Senior Services
- Aromatherapy Project with Healing Alchemy™
- Collaboration with Fairview's Palliative Care and Hospice Care

Minneapolis

Ebenezer Care Center
612-879-2262

Minnetonka

Cherrywood Pointe
952-525-4555 - *Coming Soon!*

Mounds View

Bel Rae Senior Living
763-784-7633

Orono

Trails of Orono
952-473-6655

Plymouth

Cherrywood Pointe
763-478-4244 - *Coming Soon!*

Red Wing

Deer Crest
651-267-5444

Roseville

Cherrywood Pointe
651-633-0044

Cherrywood Pointe at Lexington
612-766-2266

Saint Louis Park

TowerLight on Wooddale Avenue
952-881-6322

Savage

Cherrywood Pointe of Savage
952-808-8725

Shorewood

Shorewood Landing Senior Living
952-401-7444 - *Coming Soon!*

White Bear Lake

White Bear Heights Senior Living
651-653-3288

Wyoming

The Cottage at Meadows on Fairview
651-982-6228



EbenezerMemoryCare.org

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EBENEZER
Choices for vibrant senior living