

# Aurora on France Social Calendar January 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> </div> <div style="text-align: right;"> <p><b>New Year's Day</b> 1</p> <p>10:00 AM Ebenezer Worships (1-3) 11:00 AM Pilates (1-3) 11:00 AM Group Exercise (1-2) 1:30 PM Popcorn Cart (R:R)** 2:00 PM Chair Yoga Dance Class (1-2) 3:00 PM Stage Play/Musical (1-3)</p> <p> Bob S.</p> </div> </div>						2
3	4	5	6	7	8	9
11:00 AM Symphony/Concert (1-3) 12:00 PM Vikings VS Lions 12:00 PM Our Lady of Grace Church Service (Channel 29) 1:00 PM Westminster Presbyterian Service (Channel 29) 2:00 PM Contemporary Lutheran Worship: St. Andrews Lutheran Church (Channel 29) 2:00 PM Documentary (1-3) 4:00 PM Relaxing Music (1-3)	10:00 AM Old Testament Bible Study (1-2) 11:00 AM Upper Body Stretching (1-3) 3:00 PM Concert/Symphony (1-3) 6:30 PM Movie (1-3)	10:30 AM Brain Training (1-3) 11:00 AM Leg Exercises (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Flower Bouquets (T) 1:30 PM Activity Cart (R:R)** 4:00 PM Documentary (Ch. 1-3) <p style="text-align: center;"> Bill S.</p>	10:00 AM Coffee & Cocoa Cart (R:R)** 10:30 AM Ecumenical Worship (1-2) 11:05 AM Full Body Exercise (1-3) 11:30 AM Staff Meeting 3:30 PM Wellness Wednesday: "Who Packs your Parachute" (1-2) 5:00 PM Comedy Hour (1-3)	10:00 AM Resident Council Meeting (1-2) 11:00 AM Group Exercises (1-2) 11:15 AM Pilates (1-3) 1:30 PM Popcorn Cart & Movie (R:R)** 2:00 PM Movie (1-3) 3:00 PM Scategories (1-2) PM Personal Visits (R:R)**	10:00 AM Ebenezer Worships (1-3) 11:00 AM Pilates (1-3) 11:15 AM Group Exercise (1-2) 1:30 PM Giggleville (1-2) PM Happy Hour (R:R)**	11:00 AM Sitting or Standing Tai Chi (Ch. 1-3) 11:00 AM Group Exercises (1-2) 1:30 PM Art Project (R:R)** 2:00 PM Documentary (Ch. 1-3) <p style="text-align: center;"> Mick M.</p>
10	11	12	13	14	15	16
<b>Aurora on France Winter Wellness Week</b>						
11:00 AM Symphony/Concert (1-3) 12:00 PM Our Lady of Grace Church Service (Channel 29) 1:00 PM Westminster Presbyterian Service (Channel 29) 2:00 PM Contemporary Lutheran Worship: St. Andrews Lutheran Church (Channel 29) 2:00 PM Documentary (1-3) 4:00 PM Relaxing Music (1-3) <p style="text-align: center;"> Mary A.</p>	10:00 AM Old Testament Bible Study (1-2) 11:00 AM Upper Body Stretching (1-3) 1:15 PM Care Partner Support Group 4:00 PM Concert/Symphony (1-3) 6:30 PM Movie (1-3) <p style="text-align: center;"> Renata S.</p>	10:30 AM Brain Training (1-3) 11:00 AM Leg Exercises (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Flower Bouquets (T) 1:30 PM Wellness Week Challenge 4:00 PM Documentary (Ch. 1-3) 6:30 PM Living Room Concert (1-3)	10:00 AM Coffee & Cocoa Cart (R:R)** 10:30 AM Ecumenical Worship (CR or 1-2) 11:05 AM Full Body Exercise (1-3) 11:30 AM Staff Meeting 3:30 PM Wellness Wednesday "Laughter is the Best Medicine" (1-2) 5:00 PM Comedy Hour (1-3)	10:00 AM LTC/TCU Resident Council (T) 11:00 AM Pilates (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Popcorn Cart & Movie (R:R)** 2:00 PM Movie (1-3) 3:30 PM Wellness Week Challenge PM Personal Visits (R:R)**	10:00 AM Ebenezer Worships (1-3) 11:00 AM Pilates (1-3) 11:15 AM Group Exercise (1-2) 1:30 PM Wellness Week Challenge PM Happy Hour (R:R)**	11:00 AM Sitting or Standing Tai Chi (Ch. 1-3) 11:00 AM Group Exercises (1-2) 1:30 PM Art Project (R:R)** 2:00 PM Documentary (Ch. 1-3)
17	18	19	20	21	22	23
<b>Martin Luther King Jr. Day 18</b>						
11:00 AM Symphony/Concert (1-3) 12:00 PM Our Lady of Grace Church Service (Channel 29) 1:00 PM Westminster Presbyterian Service (Channel 29) 2:00 PM Contemporary Lutheran Worship: St. Andrews Lutheran Church (Channel 29) 2:00 PM Documentary (1-3) 4:00 PM Relaxing Music (1-3)	10:00 AM Old Testament Bible Study (CR or 1-2) 10:00 AM Ebenezer Worships (1-3) 11:00 AM Upper Body Stretching (1-3) 2:30 PM Stories of MLK, Jr. (1-2) 3:00 PM Concert/Symphony (1-3) 6:30 PM Movie (1-3)	10:30 AM Brain Training (1-3) 11:00 AM Leg Exercises (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Flower Bouquets (T) 1:30 PM "Music for Life" (1-3) 4:00 PM Documentary (Ch. 1-3) 6:30 PM Living Room Concert (1-3)	10:00 AM Coffee & Cocoa Cart (R:R)** 10:30 AM Ecumenical Worship (CR or 1-2) 11:05 AM Full Body Exercise (1-3) 11:30 AM Staff Meeting 3:30 PM Wellness Wednesday "Active Living & Movement" (1-2) 5:00 PM Comedy Hour (1-3) <p style="text-align: center;"> Kathleen S.</p>	10:30 AM Brain Training (1-3) 11:00 AM Pilates (1-3) 1:30 PM Popcorn Cart & Movie (R:R)** 2:00 PM Movie (1-3) 3:30 PM Name That Tune (1-2) PM Personal Visits (R:R)**	10:00 AM Ebenezer Worships (1-3) 11:00 AM Pilates (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Hollywood Trivia (1-2) PM Happy Hour (R:R)**	11:00 AM Sitting or Standing Tai Chi (Ch. 1-3) 11:00 AM Group Exercises (1-2) 1:30 PM Art Project (R:R)** 2:00 PM Documentary (Ch. 1-3)
24	25	26	27	28	29	30
<b>Chinese New Year 25</b>						
11:00 AM Symphony/Concert (1-3) 12:00 PM Our Lady of Grace Church Service (Channel 29) 1:00 PM Westminster Presbyterian Service (Channel 29) 2:00 PM Contemporary Lutheran Worship: St. Andrews Lutheran Church (Channel 29) 2:00 PM Documentary (1-3) 4:00 PM Relaxing Music (1-3)	10:00 AM Old Testament Bible Study (CR or 1-2) 10:00 AM Ebenezer Worships (1-3) 11:00 AM Upper Body Stretching (1-3) 11:15 AM Group Exercise with Susan (1-2) 2:00 PM Chinese New Year Traditions (1-2) 3:00 PM Concert/Symphony (1-3)	10:30 AM Brain Training (1-3) 11:00 AM Leg Exercises (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM Flower Bouquets (T) 1:30 PM "Let's Talk about Color" (1-2) 4:00 PM Documentary (Ch. 1-3) 6:30 PM Living Room Concert (1-3)	10:00 AM Coffee & Cocoa Cart (R:R)** 10:30 AM Ecumenical Worship (CR or 1-2) 11:05 AM Full Body Exercise (1-3) 11:30 AM Staff Meeting 3:30 PM Wellness Wednesday "The Power of Positive Intent" (1-2) 5:00 PM Comedy Hour (1-3) <p style="text-align: center;"> Bob L.</p>	10:30 AM Brain Training (1-3) 11:00 AM Group Exercise (1-2) 11:00 AM Pilates (1-3) 1:30 PM Popcorn Cart & Movie (R:R)** 2:00 PM Movie (1-3) 3:30 PM Short Stories (1-2) PM Personal Visits (R:R)**	10:00 AM Ebenezer Worships (1-3) 11:00 AM Pilates (1-3) 11:15 AM Group Exercises (1-2) 1:30 PM MacPhail Music Hour (1-3) PM Happy Hour (R:R)**	11:00 AM Sitting or Standing Tai Chi (Ch. 1-3) 11:00 AM Group Exercises (1-2) 1:30 PM Art Project (R:R)** 2:00 PM Documentary (Ch. 1-3)
31						<b>Locations</b> 1-2 TV Channel 1-2 1-3 TV Channel 1-3 T Training Room 3rd Floor L Lobby 1st Fl. R:R Room to Room ** Sign-up