

# Daily Specials


## September 16 - September 22

### Week 3 Spring/Summer Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16-Sep Breakfast	17-Sep Breakfast	18-Sep Breakfast	19-Sep Breakfast	20-Sep Breakfast	21-Sep Breakfast	22-Sep Breakfast
Ham & Cheese Croissant Grapes Yogurt & Granola	Cinnamon French Toast Sausage Links Fresh Mixed Berries	Biscuits & Gravy Sausage Patties Fresh Fruit Cup	Denver Scramble Hash Browns Sliced Strawberries	Eggs Benedict Hollandaise Sauce Orange Wedges Tator Tots	Buttermilk Pancakes Fresh Berries Bacon	Breakfast Sandwich Eggs Sausage Cheese Wheat Berry Bread Watermelon
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day or Garden Salad	Soup of the Day or Garden Salad	Soup of the Day or Garden Salad	Soup of the Day or Garden Salad	Soup of the Day or Garden Salad	Soup of the Day or Garden Salad	Soup of the Day or Garden Salad
Pulled Chicken Salad w/ Apples, Asiago Grapes, Eggs, Almonds & Greens Breadstick	Cuban Sandwich Honey Apple Coleslaw Potato Chips	Roasted Turkey Cranberry Sauce Orzo Pilaf Broccoli & Cheese Sauce	Spinach & Cheese Quiche Spiced Muffins Melon Slices Italian Vegetables	Tuna Salad Breadstick Fresh Fruit	Grilled Roast Beef Swiss Sandwich Strawberry & Pineapple Salad Pickles Cucumber/Avocado Chocolate Cream Pie	Turkey Salad on Wheat Berry Bread Sweet Potato Chips Carrot & Celery Sticks with Dip
Apple Pie	Blueberry Pie	Cherry Pie	Banana Cream Pie	Pecan Pie	Chocolate Cream Pie	Bread Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
White Bean or Garden Salad	Hearty Beef Barley or Garden Salad	Veggie Minestrone or Garden Salad	Fresh Tomato or Garden Salad	Old Fashion Chicken or Garden Salad	Sausage & Lentil or Garden Salad	Chicken Wild Rice or Garden Salad
Pot Roast Mashed Potatoes & Gravy Honey Glazed Carrots	Apple Cider Pork Mushroom Gravy Garlic Buttermilk Potatoes Sweet Corn with Roasted Peppers	Roasted Beef Loin w/ Bernaise Sauce Baked Potato w/ Sour Cream Zucchini & Squash	Roasted Beef Loin w/ Bernaise Sauce Baked Potato w/ Sour Cream Zucchini & Squash	Apricot Glazed Country Ham Brown Rice Steamed Broccoli and Cauliflower	Poached Salmon with Horseradish Caper Sauce Rice Pilaf Asparagus	Beef Stroganoff over Egg Noodles Vegetable Medley
Carrot Cake	Pumpkin Bar	Chocolate Cake	Blueberry Banana	Walnut Brownie	Gingerbread Cake	Apple Cobbler

Optional Menu Items Available

Menu is subject to change

 Indicates a higher sodium content



*Choices for vibrant senior living*